



This document shows the progression of knowledge (Know), skills (Show) and the development of a child's characteristics (Grow) each week throughout the unit.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Know	<p>How to contribute simple words to a mind map</p> <p>How to translate ideas into simple theme related shapes, movements, actions</p>	<p>How to use the words in a poem to create shapes, movements or feelings</p>	<p>That we need to look forwards to safely move around in space</p> <p>That we need to control our speed to ensure safety</p>	<p>How to turn what I see into ways of moving</p> <p>How to listen to other people's ideas and vocalise my own thoughts</p>	<p>How to turn what I see into ways of moving</p> <p>How to listen to other people's ideas and vocalise my own thoughts</p>	<p>How to be aware of people's feelings when giving and receiving simple feedback</p> <p>Control is important when performing</p>
Show	<p>Use my body and create simple theme related shapes, movements and actions</p>	<p>Use my body to express simple theme related shapes, movements and feelings</p> <p>Show good listening skills</p>	<p>Travel safely and creatively in space</p> <p>Show different levels when I travel</p>	<p>Work with a partner</p> <p>Look at pictures and create shapes, movements and actions</p>	<p>Work with a partner</p> <p>Look at pictures and create shapes, movements and actions</p>	<p>Remember and perform a basic sequence of movement when led by a teacher</p> <p>Identify what good looks like</p>
Grow	<p>Grow by being safe, being active and having fun in PE</p>	<p>Grow by showing creativity and understanding how to be creative in PE</p>	<p>Grow by communicating to solve simple problems</p>	<p>Grow by being safe, being active and having fun in PE</p>	<p>Grow by showing creativity and understanding how to be creative in PE</p>	<p>Grow by communicating to solve simple problems</p>