

Invasion Game Skills

Know, Show and Grow Progression

Year 3



This document shows the progression of knowledge (Know), skills (Show) and the development of a child's characteristics (Grow) each week throughout the unit.

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Know	To travel with my head up (Year 3 & Year 4)	To signal for the ball with my hands so as not to alert defenders (Year 3 & Year 4)	To get my body between my opponent and the ball (Year 3 & Year 4)	How to dummy pass (Year 3) How to trick opponents by looking one way and then passing another (Year 4)	To close the space down quickly when defending (Year 3) The importance of keeping my eye on the ball and not player's feet when defending (Year 4)	The importance of clearing the danger in any way possible near my goal (Year 3 & Year 4)
Show	Dodge (Year 3) Be aware of my environment and others (Year 4)	Get into good positions to receive a ball (Year 3) Pass and move into space (Year 4)	Shield a ball from an opponent (Year 3) Turn in different ways whilst in possession (Year 4)	Deceive my opponents by feinting/dummying/ giving the eyes (Year 3 & Year 4)	Close the space and then jockey awaiting for my opponent to lose control (Year 3) Force my opponent onto their weaker side (Year 4)	Communicate with my fellow players to make sure everyone is in the right position and alert (Year 3 & Year 4)
Grow	Understand the term winning and how it might impact behaviour in PE and beyond.	Understand the term losing and how to behave when we lose in PE and beyond.	Understand the importance of attacking in sport and competition.	Understand the term winning and how it might impact behaviour in PE and beyond.	Understand the term losing and how to behave when we lose in PE and beyond.	Understand the importance of attacking in sport and competition.