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|  | **Focus text** | **Autumn:** Relationships | **Spring:** Living in the wider world | **Summer:** Health and Wellbeing |
| **Families and****friendships** | **Safe relationships** | **Respecting ourselves and others** | **Belonging to a****community** | **Media literacy and digital resilience** | **Money and work** | **Physical health and Mental wellbeing** | **Growing and****changing** | **Keeping safe** |
| **Year 1** | My hair by Hannah Lee | Roles of differentpeople; families;feeling cared for | Recognising privacy;staying safe; seekingpermission | How behaviouraffects others; beingpolite and respectful | What rules are;caring for others’needs; looking afterthe environment | Using the internetand digital devices;communicatingonline | Strengths andinterests; jobs in thecommunity | Keeping healthy;food and exercise,hygiene routines;sun safety | Recognising whatmakes them uniqueand special; feelings;managing whenthings go wrong | How rules and agerestrictions help us;keeping safe online |
| **Year 2** | Pink is for boys by Eda Kaban | Making friends;feeling lonely andgetting help | Managing secrets;resisting pressureand getting help;recognising hurtfulbehaviour | Recognising thingsin common anddifferences; playingand working coop-eratively; sharingopinions | Belonging to agroup; roles andresponsibilities;being the sameand different in thecommunity | The internet ineveryday life; onlinecontent and infor-mation | What money is;needs and wants;looking after money | Why sleep is im-portant; medicinesand keeping healthy;keeping teethhealthy; managingfeelings and askingfor help | Growing older;naming body parts;moving class or year | Safety in differentenvironments; riskand safety at home;emergencies |
| **Year 3** | Tango makes three by Justin Ricardson and Peter Parnell  | What makes afamily; features offamily life | Personal boundar-ies; safely respond-ing to others; theimpact of hurtfulbehaviour | Recognising re-spectful behaviour;the importance ofself-respect; courte-sy and being polite | The value of rulesand laws; rights,freedoms and re-sponsibilities | How the internetis used; assessinginformation online | Different jobs andskills; job ste-reotypes; settingpersonal goals | Health choices andhabits; what affectsfeelings; expressingfeelings | Personal strengthsand achievements;managing and re-framing setbacks | Risks and hazards;safety in the localenvironment andunfamiliar places |
| **Year 4** | The Runaway Robot By Frank Cottrell Boyce | Positive friendships,including online | Responding tohurtful behaviour;managing confiden-tiality; recognisingrisks online | Respecting differ-ences and similari-ties; discussing dif-ference sensitively | What makes acommunity; sharedresponsibilities | How data is sharedand used | Making decisionsabout money; usingand keeping moneysafe | Maintaining a bal-anced lifestyle; oralhygiene and dentalcare | Personal identity;recognising individ-uality and differentqualities; mentalwellbeing  | Medicines andhousehold products;drugs common toeveryday life |
| **Year 5** | The Boy at the back of the class Onjali Q. Rauf | Managing friend-ships and peerinfluence | Physical contact andfeeling safe | Responding respect-fully to a wide rangeof people; recognis-ing prejudice anddiscrimination | Protecting the envi-ronment; compas-sion towards others | How informationonline is targeted;different mediatypes, their role andimpact | Identifying job inter-ests and aspirations;what influencescareer choices;workplace stereo-types | Healthy sleephabits; sun safety;medicines, vaccina-tions, immunisationsand allergies | Physical and emo-tional changes inpuberty; externalgenitalia; personalhygiene routines;support withpuberty (statutory)  | Keeping safe indifferent situations,including respondingin emergencies, firstaid.  |
| **Year 6** | High Rise Mystery by Sharna Jackson | Attraction to others;romantic relation-ships; civil partner-ship and marriage | Recognising andmanaging pressure;consent in differentsituations | Expressing opin-ions and respectingother points of view,including discussingtopical issues | Valuing diversity;challenging discrim-ination and stereo-types | Evaluating mediasources; sharingthings online | Influences andattitudes to money;money and financialrisks | What affects mentalhealth and waysto take care of it;managing change,loss and bereave-ment; managingtime online | Human reproduc-tion and birth (non-statutory);increasing indepen-dence; managingtransition | Keeping personalinformation safe;regulations andchoices; drug useand the law; druguse and the media |