



This document shows the progression of knowledge (Know), skills (Show) and the development of a child's characteristics (Grow) each week throughout the unit.

| | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 |
|------|--|--|--|---|--|--|
| Know | The importance of having a plan before I undertake a challenge (Year 5 & Year 6) | How to keep a partner safe (Year 5) Where I need to position myself to give clear instructions and keep my partner safe (Year 6) | That I need to contribute to a plan even if it is only through good listening (Year 5 & Year 6) | How to use a simple map to navigate myself around (Year 5) The importance of communication and negotiation when working as part of a team (Year 6) | What ordnance survey symbols mean (Year 5 & Year 6) | How to use a map (Year 5) How to motivate other members of my team (Year 6) |
| Show | Use non-verbal communication to solve problems (Year 5) Work as part of a team (Year 6) | Work with a partner to navigate successfully across and through obstacles while blindfolded (Year 5) Give clear instructions (Year 6) Stay focused (Year 5 & Year 6) | Think creatively to find solutions to challenges (Year 5) Work together in a small group to solve problems (Year 6) | Navigate my way around using a map (Year 5) Demonstrate teamwork and a good level of communication to complete a group task (Year 6) | Work with a partner/group to find a number of controls using a map (Year 5) Work quickly and effectively against the clock (Year 6) | Identify the location of a number of controls which relate to specific letters of the alphabet (Year 5) Communicate positively with the other members of my team (Year 6) |
| Grow | Understand that talking respectfully is the most effective way to interact with others. | Recognising the benefits of active listening and knowing how it differs to passive listening. | Understand how asking considered questions can provide useful information. | Consider a range of ways to effectively communicate non-verbally. | Recognise the importance of working in a team – utilising others' ideas and physical presence. | Share ideas with others whilst also recognising that others' ideas can provide valuable opinions. |